

*Spiritual Growth Committe presents*



*Our Lady of Consolation*

CATHOLIC PARISH

# *A Family* Eucharistic Adoration

"Let the children come to me, and do not prevent them; for the kingdom of heaven belongs to such as these." Matthew 19:14

"How will young people be able to know the Lord if they are not introduced to the mystery of His presence?"

~ Saint John Paul II

Every Monday and Friday,  
from 3-4 pm

All ages welcome!  
A special time for those  
with children who may not  
practice in total silence!

HELPFUL HINTS:

- \*Remember to use Reverance
- \*Genuflect upon entry and exit
- \*Try your best to maintain a calm space
- \*Sit or kneel facing Our Lord
- \*Encouraged to bring reading material, rosaries, etc
- \*Together as a family, let's create Holy Habits

