

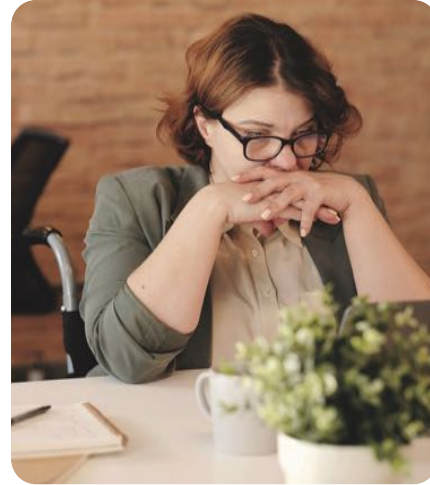
Dear Padre,

For the past year or so, I have been trying to pray on a regular basis, but I am constantly distracted. My mind wanders so easily. Do you have any suggestions?

Distractions in prayer are an inescapable part of the human condition and the results of our imagination. Even great saints experienced distractions in prayer. Some of their suggestions may help. For example, when St. Thérèse of Lisieux struggled with prayer, she would recite an Our Father or Hail Mary or read from the gospels. Praying as an act of faith or returning to God's presence and love can turn our focus away from other concerns, but, even then, distractions may still arise.

When we become aware of distractions, we should calmly renew our focus and continue our prayer. Saint Teresa of Ávila wrote in *The Interior Castle*, "We should not be distressed by reason of our thoughts, nor allow ourselves to be worried by them.... [Thoughts are] inevitable. Do not let [them] disturb or grieve you." No matter how often distractions return or how long they last, they are not sinful; rather, they are opportunities to show God that we are sincere about praying.

Saint Alphonsus, another great teacher of prayer, reminds us that prayer is necessary, beneficial, and always possible. He advises us to hang in there, because the devil would like nothing better than for us to stop praying. ●



MARCUS AURELIUS / PEXELS

The Redemptorists / DearPadre.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
June 22	June 23	June 24	June 25	June 26	June 27	June 28
Weekday	Weekday	The Nativity	Weekday	Weekday	Weekday	Thirteenth
2 Kgs 17:5-8, 13-15a, 18	2 Kgs 19:9b-11, 14-21, 31-35a, 36	of St. John the Baptist	2 Kgs 24:8-17	2 Kgs 25:1-12	Lam 2:2, 10-14, 18-19	Sunday in Ordinary Time
Mt 7:1-5	Mt 7:6, 12-14	Is 49:1-6	Mt 7:21-29	Mt 8:1-4	Mt 8:5-17	2 Kgs 4:8-11, 14-16a
		Acts 13:22-26				Rom 6:3-4, 8-11
		Lk 1:57-66, 80				Mt 10:37-42



MARISA CZL / CATHOPIC

A WORD FROM POPE LEO XIV

It is wonderful to think that, when we consider our individual calling...each of us can say with confidence: "Despite my weakness, the Lord is not ashamed of my humanity. Instead, he comes to dwell within me. He accompanies me with his Spirit; he enlightens me and makes me an instrument of his love for others, for society, and for the world."

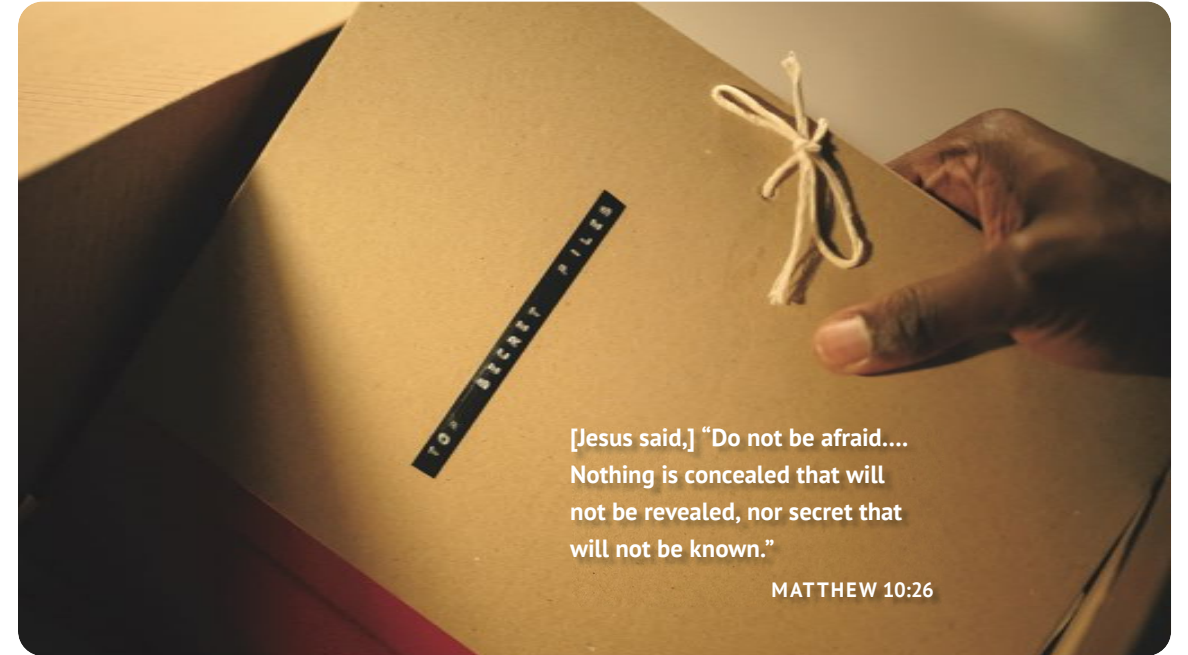
REGINA CAELI, ROME, MAY 25, 2025

Our Parish COMMUNITY

June 21, 2026

Twelfth Sunday in Ordinary Time (A)

Jeremiah 20:10-13 / Romans 5:12-15 / Matthew 10:26-33



The Freedom of Letting Go of Secrets

FR. THOMAS M. SANTA, CSSR

Secrets. The disabling fear of discovery. Trying so hard to conceal something that we do not want others to know. Often, we guard secrets closely because we believe we will be embarrassed, punished, or excluded if our secrets are made known.

Sometimes, we hold tightly to secrets because we are ashamed. We keep other secrets because of the dynamics of family life: "We do not share our family business with anyone." All secrets can be difficult to keep—some more than others. Perhaps the most difficult secret to hold is one that we fear defines our personal integrity and authenticity. It is the fear not only of discovery but also of perception: How will I be perceived if this is made known? Will I still be accepted? Or, even more painful: Will I be rejected, and how complete will the rejection be?

The "good news" of the gospel is that "nothing is concealed that will not be revealed" (Matthew 10:26). In other words, there is nothing that can remain tucked away forever. Everything is revealed in one way or another. Gospel grace and freedom result when a person chooses to freely release whatever it is that burdens them, including closely held secrets. It is the ultimate experience of dying to self to claim eternal life. ●



LEARN ABOUT THE AUTHORS OF OUR PARISH COMMUNITY

Reflect

What am I afraid to reveal to others? Can I try telling God?

St. Patrick's Catholic Church Telluride, CO

Church & Office Address:

301 North Spruce St.
Telluride, CO 81435

Mailing Address:

PO Box 398
Telluride, CO 81435

Phone: 970-728-3387

e-mail: SPCTelluride@gmail.com

website: stpatrickstelluride.com

Facebook: facebook.com/StPatricksTelluride

Please visit our website & Facebook page for the most up-to-date information on Holy Mass times and other important announcements.

Pastoral Information:

Pastor: Rev. Mariusz Wirkowski

Bookkeeper: Cindy Wyszynski

DRE: Katrina Aumiller

Holy Mass & Confession Schedule:

Saturday: 5:30 PM

Sunday: 9:00 AM

Tuesday - 7:00 PM; Wednesday – Friday: 8:00 AM

Holy Day of Obligation - Vigil - 5:30 PM and 8:00 AM

Confessions: 30min. prior to each Holy Mass (or by appointment)

Holy Mass at Our Lady of Sorrows Parish, Nucla.

Sunday: 12:00 Noon
Saturday 5:30 pm
Holy Days of Obligation - 6:00 PM

June 21st, 2026 - Twelfth Sunday in Ordinary Time

Holy Mass Intentions:

Saturday, June 20th

5:30 PM - John Yetmar

Sunday, June 21st

9:00 AM - Missa Pro Populo

Tuesday, June 23rd

7:00 PM - Deacon Ed Pecis and family

Wednesday, June 24th

8:00 AM - +Jesse Hildebrand

Thursday, June 25th

8:00 AM - Thomas Spradling

Friday, June 26th

8:00 AM - David Hidalgo

Saturday, June 27th

5:30 PM - Missa Pro Populo

Sunday, June 28th

9:00 AM - +Mary Frances Nault

If you would like to have a Holy Mass intention for your loved ones, living or deceased, please contact the Parish Office by calling: 970-728-3387 or place your request in the collection basket near the entrance of the church.

- Suggested donation for each mass is \$10.

Healing Prayers - Rezos Por Tus Curaciones

Let us pray for those who have asked for our prayers...

Kevin Kiernan, Bob Kammer, Cody Couture, Dakota Couture, Eric Block, Judy Donnelly, Mike Napolitano, Mary E. Lynch, Liz Bradley, Care Bear, Carl Carson, Joshua Nault, Phil Couture, Jose Cuaron, Kim Lynch, Allison Myer, Marianne Edward, CarolAnn O'Dea, Juan Esparza, Martha Gagliano, Stanislaw Kowalczyk, Susan Martin Smith

Upcoming Events: *All Are Welcome!*

First Fridays of the month - Devotion to the Most Sacred Heart of Jesus - Holy Mass and Adoration - 8:00 AM.

Tuesdays: 6:00 PM- Holy Adoration. 7:00 PM – Holy Mass

Second Tuesdays of month: 7:30 PM – Men's Group

Wednesdays: 7:30 AM

Women's Group Faith Fun Fellowship – Church

Thursdays: 7:00 AM - 9:00 AM

Eucharistic Adoration & Holy Mass - Church

First Sunday of the month - Holy Adoration 30 minutes before each Holy Mass.

Each Sunday during Summer- Coffee and donuts after 9:00 AM Holy Mass.

Last Saturday of the month - Bilingual Holy Mass

“So also we, being many, are one body in Christ, and each one is a part, the one of the other.”
Romans 12:5

Parish Announcements:

We would like to welcome all Visitors who are with us celebrating the Holy Mass this weekend.

Please check our **Parish Website /Calendar** for updated schedule of events.

Please join us for praying the Holy Rosary on Sundays before 9:00 AM Holy Mass. It starts at 8:30 AM.

Coffee and donuts every Sunday during summer after 9:00 AM Holy Mass. We need more volunteers to help.

Saturday, June 28th - **Hike and Holy Mass on the mountain.** We will hike Jud Wiebe. Gathering at 8:00 AM at the trailhead-end of N. Aspen St.
Anniversary Holy Mass with Bishop Berg - July 2nd at 4:00 PM followed by Potluck.

Next week we will take up the **Peter's Pence Collection** to support the Universal Church and the work of the Holy See, including the charitable works of Pope Leo XIV. These works benefit our brothers and sisters on the margins of society, including victims of war, oppression, and disasters. Be a sign of hope with your generosity.

Last Week's Collection: \$ 721.00

Please visit: stpatrickstelluride.com/donate to offer your financial support.

“For where your treasure is, there also is your heart.”

Pastor's Corner

Dear Parishioners and Visitors,

What is Peter's Pence?

It is an offering that may be small, but is of great symbolic value:

It expresses the sense of belonging to the Church and **love and trust for the Holy Father**. It is a tangible sign of communion with Him, as Peter's Successor, and also of attention to the needs of the most disadvantaged, for whom the Pope always cares.

From his first appearance after his election in May 2025, Pope Leo XIV has called upon Catholics to live in peace and unity with one another within the Church and to share this invitation to peace and unity with the whole world. Throughout history, Catholics have shared the peace and unity of Christ with the world by proclaiming the Gospel and performing works of mercy that bring comfort to the poor and vulnerable.

For centuries, Catholics have expressed our unity with the Pope by giving to the Peter's Pence Collection, which supports his mission to proclaim Christ's message of unity and peace with the world. Our gifts to the Holy Father are “concrete signs of hope” to Pope Leo XIV that fulfill the two aims of Peter's Pence: **1) To support the Holy Father's mission**, which extends throughout the entire world, from the proclamation of the Gospel to the promotion of integral human development, education, peace, and brotherhood among peoples: thanks also to the many activities of service carried out by the dicasteries, bodies and organs of the Holy See that assist him every day; and **2) To support the numerous charitable works** in aid of people and families in difficulty, populations afflicted by natural disasters and wars, or who are in need of humanitarian assistance or support for development.”

For more information on Peter's Pence, please visit the Vatican's Peter's Pence website: www.obolodisanpietro.va/en.html (English) or www.obolodisanpietro.va/es.html (español).

Viva Cristo Rey!